

ENDLESS OPPORTUNITIES

A community-wide program of educational, social, recreational and volunteer activities
Temple De Hirsch Sinai, Temple B'nai Torah, Jewish Family Service & Congregation Beth Shalom



May Programs

39th Annual Clergy Institute Featuring Dr. Deborah E. Lipstadt



Join us for a presentation on antisemitism from Emory University's Dorot professor of Holocaust Studies. Lipstadt has published and taught about the Holocaust for close to 40 years. Scholars, clergy of all faiths, and lay people are welcome. We will serve a continental breakfast beginning at 9:30am, with the presentation beginning at 10am and the lunch discussion beginning at 11:45am (lunch is \$15/person). Registration for this event can be done on the Temple De Hirsh Sinai website.

Thursday, May 9th 2019 • 9:30 a.m. – 1:00 p.m.

Temple De Hirsh Sinai, Seattle: 1441 16th Ave, Seattle, WA, 98122

For directions, please call (206) 323-8486 or visit <http://www.templedehirschsinai.org>

Joy Cocktails and Laughter Yoga with Julie Plaut Warwick

Yogic breathing, unconditional laughter, and meditation techniques are tools for connection. Julie will guide us through some of these exercises in addition to teaching us about their origins and benefits. Come to de-stress and bring about a peace and calm in yourself and others.



Tuesday, May 14th, 2019 • 10:30 a.m. – 12:00 p.m.

Temple De Hirsh Sinai, Bellevue: 3850 156th Ave SE, Bellevue, WA 98006

For directions, please call (206) 323-8486 or visit <http://www.templedehirschsinai.org>

Photographer Eric Radman Takes Us on a Tour of India



In this fast-paced multi-media presentation, we will go inside India to explore its people and their customs. We'll learn about Indian weddings, explore Varanasi, the holiest city to Hindus – where bodies are burned and floated down the Ganges River, see inside the Indian celebration of “Holi” – the Festival of Colors, and visit Jodhpur, India's “Blue City”.

Thursday, May 23rd 2019 • 10:30am – 12:00pm

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Our tzedakah recipient is Hearing Speech Deaf Center, we are collecting used hearing aids, assistive listening devices, & related equipment like PF systems, amplifiers, and hearing aid batteries for them.

For each program, please **RSVP** to Rabbi Kate Speizer, rsvpEO@tdhs-nw.org or (206) 693-3046.