# ENIDILESS OPPORTUNITIES

A community-wide program of educational, social, recreational and volunteer activities for adults age 60+ Sponsored by Temple De Hirsch Sinai, Temple B'nai Torah, Jewish Family Service & Congregation Beth Shalom

#### **April Programs**

# WA State Jewish History



Howard Droker, historian and (retired) attorney, will share photos, census maps, and more as we look at local Jewish history from 1850 until World War II during this interactive program. We'll explore three waves of Jewish Settlement in Washington State that took place during this timeframe: German speakers, Eastern Europeans, and those of Sephardic Heritage. Whether you're familiar with the topic or it's new to you, our local expert will have something for everyone.

#### Thursday, April 6, 2017 • 10:30 - noon

*Congregation Herzl-Ner Tamid:* 3700 East Mercer Way, Mercer Island, WA 98040 **For directions,** please call (206) 232-8555 or visit www.h-nt.org

# The Ethical Case for Acting on Climate Change

An opportunity to learn why it is a collective responsibility to do what we can to limit the damage we are causing to the environment by fossil fuel consumption. Dr. Aaron Levine, National Research Council Postdoctoral Researcher at the Pacific Environment Lab, NOAA (National Oceanic and Atmospheric Administration) will guide our conversation and provide us with the latest research. Come with your questions and curiosity as we explore the influence that humans are having on our environment and why it is a moral imperative that we act.



## Tuesday, April 18, 2017 • 10:30-noon

*Temple De Hirsch Sinai, Seattle Campus:* 1441 16<sup>th</sup> Ave, Seattle **For directions,** please call (206) 323-8486 or visit www.templedehirschsinai.org

## The Moment for Dance - Dancing for Seniors!



Come sing and dance to the oldies while sitting in your chair! Replenish your energy while aligning and strengthening balance. Lisa Ravenholt, a NY taught and certified movement analyst, and a former professor of dance at Seattle's Cornish College will lead us in music and fun, while we remember and enjoy, no matter our current limitations. Come join us in this transforming experience.

## Thursday, April 27, 2017 • 10:30-noon

*Temple De Hirsch Sinai, Bellevue Campus:* 3850 156th Avenue SE, Bellevue **For directions**, please call (206) 323-8486 or www.templedehirschsinai.org

For each program, please RSVP to Rabbi Kate Speizer, rsvpEO@tdhs-nw.org or (206) 693-3046